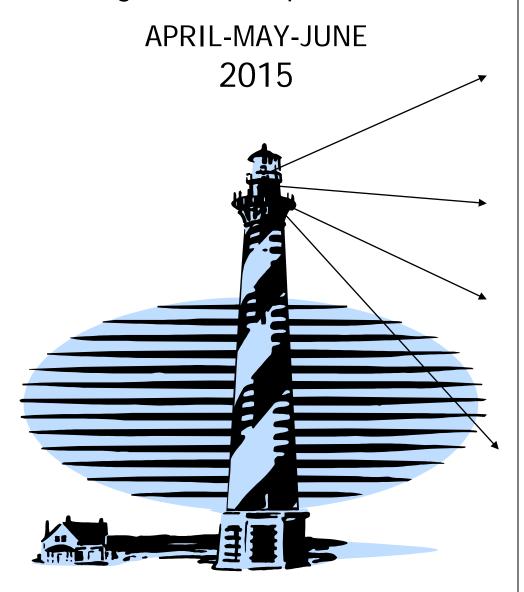
## DDS Southeast Region

Learning and Development Calendar



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# To Register for a class, unless otherwise indicated email Jennifer Bruce at Jennifer.bruce@state.ma.us Please provide the following information:

Your name or registrant's name, agency affiliation, contact phone number (with area code) and the training you wish to attend (include the course name, date, time and location)

## For CPR/First Aid Classes at Wrentham: Call (508) 384-1654

#### **WEATHER INFORMATION**

WHEN THE GOVERNOR DECLARES A STATE OF EMERGENCY – ALL TRAINING CLASSES ARE CANCELED

For cancellation of Regional Trainings a message will be left on 508-866-8866 by 7:30 a.m.

#### For cancellation of classes held at Wrentham Developmental Center, please call (508) 384-1654

The new Orientation Program for all DDS staff will now be offered at least quarterly.

All new DDS employees, regardless of position, are expected to complete, at a minimum the following orientation classes during their orientation:

- Introduction to DDS and State Service
- Understanding the People We Support
- A Life Like Any Other
- Basic Human Rights (prerequisite for Human Rights Systems/Advocates)
- Confidentiality is a Right to Privacy (HIPAA)
- Diversity Awareness-Day 1 (Managers: additional ½ day
- Workplace/Team Communication
- Introduction to Positive Behavioral Supports

## DDS SOUTHEAST REGION LEARNING & DEVELOPMENT



Dianne Rodrigues

Director of Learning & Development

68 North Main Street Carver, Ma 02330 (508) 866-8879

<u>Dianne.Rodrigues@state.ma.us</u>

Maureen O'Rourke-King, Trainer

68 North Main Street Carver, Ma 02330 (508) 732-5725 Maureen.King@state.ma.us

Learning & Staff Development voicemail

(508) 866-8866

George McCauley, Trainer Fall River, Ma 02723

(508) 730-1209 x 309

George.mccauley@state.ma.us

Tony Marano, Trainer Wrentham Developmental Center

**Emerald Street** 

Wrentham, Ma 02093

508 384-1654

Tony.marano@state.ma.us

Southeastern Residential Services

72 Kilburn Street New Bedford, Ma (508) 910-3000

Karen Guay Director of Consumer Supports &

Training

Karen.guay@state.ma.us

Laura O'Connell Director of Orientation

laura.o'connell@state.ma.us

## **April 2015**

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|--|---|---|
| (508) 866-8866<br>BD= (508) 384-5556<br>WDC= (508) 384-1654<br>VS = (508) 771-2595<br>Amy= (508) 999-4436<br>NH= Nate.Hoover@state.ma.us<br>MK = Maureen.king@state.ma.us<br>DR=Dianne.Rodrigues@state.ma.us |   | 1 Respiratory Update 10:00am - 11:30am Wrentham Dev Ctr (BD) Objective & Support Strategies 9:00am - 3:00pm DDS Cape & Island Office (VS) Human Rights Advocates 11:00am - 4:00pm New England Villages (NH)  | 2 Healthcare Provider 7:00pm – 11:00pm Wrentham Dev Center (WDC) Understanding Seizures 1:00-3:00pm Plymouth Area Office (MK) | 3   |
| 6  | 7   | 8  | 9   | 10  |
| 13   | 14 Heartsaver CPR 8:00am – 12:00pm Wrentham Dev Center (WDC) Basic Human Rights 1:00pm– 4:00pm DDS Fall River Area Office Basic Fire Safety 10:30am – 2:30pm Cooperative Production, 97 Ingell Street, Taunton (DR) | 15 NVMAB Refresher April 15 & 22 <sup>nd</sup> 1:00pm – 1:00pm Carver Public Library (DR) Respiratory Update 10:00am – 11:30am Wrentham Dev Ctr (BD) Heartsaver CPR 7:00pm – 11:00pm Wrentham Dev Center (WDC)   | 16  | Healthcare Provider 8:00am – 12:00pm Wrentham Dev Center (WDC)            |
| 20   | Person Centered ISP 1:00pm - 4:00pm DDS Fall River Area Office Human Rights Networking 10:00am - 12:00pm DDS Fall River Area Office(NH)   | NVMAB Training 10am – 2:00pm April 22 <sup>nd</sup> , 29 <sup>th</sup> , May 6 <sup>th</sup> , 13 <sup>th</sup> & 20 <sup>th</sup> Must attend all 5 sessions Carver Public Library (DR) Heartsaver First Aid 7:00pm – 11:00pm Wrentham Dev Center (WDC) | 23 Compassion Fatigue: Instilling Hope When You Have Little Left to Give 1:00pm – 3:00pm Middleboro Public Library (MK)       | 24<br>Human Rights Refresher<br>1:00pm – 3:00pm<br>DDS New Bedford Office |
| 27   | 28  | 29<br>Objective & Support<br>Strategies 9:00am – 3:00pm<br>DDS Plymouth Area Office(MK)  | 30 Beyond Forms 10am-12pm By Licensure & Certification DDS Fall River Office  |   |

## May 2015

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|---|---|---|--|---|
| 4<br>DDS Orientation begins   | 5   | 6 Diversity Training 9:00am – 4:00pm DDS Regional Office(DR)  | 7 Respiratory Update 10:00am – 11:30am Wrentham Dev Ctr (BD) Healthcare Provider 7:00pm – 11:00pm Wrentham Dev Center (WDC) Autism: "A Family Perspective" Pauline McClellan 1:00pm – 5:00pm DDS Regional Office | 8 Life, Liberty & Pursuit of Happiness 9:30am 12pm Community Systems, Plymouth                                      |
| 11  | Human Rights Advocates 9:30am – 1:30pm DDS Fall River Area Office (NH)  | 13<br>Heartsaver CPR<br>7:00pm – 11:00pm<br>Wrentham Dev Center (WDC)   | 14   | 15 Heartsaver First Aid 9:00am – 12:00pm Wrentham Dev Ctr. Basic Human Rights 1:00pm– 4:00pm DDS New Bedford Office |
| 18<br>Basic Fire Safety<br>10:30am – 2:30pm<br>Carver Public Library (DR) | 19 Neutral Writing 1:00pm – 3:00pm DDS Fall River Office Human Rights Networking 10:00am – 12:00pm DDS Fall River Area Office(NH) | 20 Heartsaver First Aid 8:00am – 12:00pm Wrentham Dev Center (WDC) Lessons of History 9:00am-12:00pm DDS Regional | Respiratory Update 10:00am – 11:30am Wrentham Dev Ctr (BD) Heartsaver First Aid 7:00pm – 11:00pm Wrentham Dev Center (WDC)   | 22  |
| 25  | 26 Words Are Important 9:30am – 12pm Community Systems, Plymouth (MK)   | 27  | 28   | 29<br>BD= (508) 384- 5556<br>WDC= (508) 384-1654<br>VS = (508) 771-2595   |

## **June 2015**

| Monday | Tuesday   | Wednesday  | Thursday   | Friday  |
|--------|---|--|--|---|
| 1      | 2 SAVE THE DATE: CELEBRATE SELF ADVOCACY LaSalette in Attleboro   | 3 Respiratory Update 10:00am – 11:30am Wrentham Dev Ctr (BD)   | 4  | 5   |
| 8      | 9 Healthcare Provider 7:00pm - 11:00pm Wrentham Dev Center (WDC) Human Rights Advocates 9:30am - 1:30pm DDS Fall River Area Office (NH) | 10<br>Human Rights Advocates<br>9:30am – 1:30pm<br>DDS Fall River Area Office  | 11<br>Healthcare Provider<br>8:00am – 12:00pm<br>Wrentham Dev Center (WDC) | 12<br>Heartsaver CPR<br>8:00am – 12:00pm<br>Wrentham Dev Center (WDC) |
| 15     | 16 Basic Human Rights 1:00pm– 4:00pm DDS Fall River Area Office   | 17 Respiratory Update 10:00am - 11:30am Wrentham Dev Ctr (BD) Heartsaver CPR 7:00pm - 11:00pm Wrentham Dev Center (WDC) Human Rights Networking 10:00am - 12:00pm TBD (NH) | 18 Basic Fire Safety 10:30am – 2:30pm Regional Office (DR)                 | 19  |
| 22     | 23<br>Servant Leadership in<br>Depth 9:30am – 1:30pm<br>Community Systems,<br>Plymouth  | 24 Heartsaver First Aid 7:00pm – 11:00pm Wrentham Dev Center (WDC)   | 25   | 26  |
| 29     | 30  |  |  | BD= (508) 384- 5556<br>WDC= (508) 384-1654<br>VS = (508) 771-2595     |

#### **BASIC HUMAN RIGHTS**

Basic constitutional rights protect each and every person living in the United States. Employees need to understand these rights for themselves so that they can effectively support and protect the people they support. This training discusses constitutional rights, general human rights principles, the system for safeguarding human rights, the role of an employee as a DPPC mandated reporter, and why these rights are a fundamental requirement in our work.

\*No one will be admitted to Basic Human Rights Training after the first fifteen minutes, so please be on time.

This training meets one of the DDS Orientation requirements for new employees.

**Presented by:** George McCauley

**Date & Time:** Tuesday, April 14<sup>th</sup> / 1:00pm – 4:00pm

Place: DDS Fall River Area Office

**Presented by:** George McCauley

**Date & Time:** Friday, May 15<sup>th</sup> / 1:00pm – 4:00pm

Place: DDS New Bedford Area Office

**Presented by:** George McCauley

**Date & Time:** Tuesday, June 16<sup>th</sup> / 1:00pm – 4:00pm

Place: DDS Fall River Area Office

#### **REFRESHER: HUMAN RIGHTS**

This class is designed for staff that have already completed "Basic Human Rights," which is a pre-requisite to this refresher class. This session will be a discussion by all participants of situations involving conflict over rights issues as they occur in the lives of the people we support. We will examine current & ongoing situations together to plan responses which take into account not only rights but also our responsibilities to one another. This session will also review types of abuse and mistreatment as well as DPPC mandated reporting. Time is allowed for questions and answers.

Presented by: George McCauley

**Date & Time:** Friday, April 24<sup>th</sup> / 1:00pm – 3:00pm **Place:** DDS New Bedford Area Office

REGISTRATION: Jennifer.bruce@state.ma.us

**To Lead by Serving**- a five part perusal of the human service journey

Instructors: Ed Sutka, DDS Quality Enhancement Specialist & Maria Campbell, M. Ed

Part 1: *Life, Liberty and the Pursuit of Happiness* This training will explore why the concept that people have innate rights is foundational and the way in which this understanding impacts how staff relate to those whom they support. As part of this exploration we will look at a number of scenarios that involve how people we support sought life, liberty and the pursuit of happiness, how these situations were handled, and how they might have been handled. Time & Place: 5/8/2015, 9:30-12:00, Community Systems, 3 Cedarhill Park Drive, Plymouth

Part 2: *Words Are Important* The purpose of this training is to provide education and support in regard to improving our ability to communicate in an effective manner by becoming more sensitive to the implications of how we use words. We'll also be looking at how the way we use words reflects our fundamental beliefs about the people we support and how we might go about reassessing situations when out words are not leading to a positive result.

Time & Place: 5/26/2015, 9:30-12:00, Community Systems, 3 Cedarhill Park Drive, Plymouth

Part 3: *Servant Leadership in Depth* Topics will include an examination of some of the historical factors and philosophical assumptions that influenced how our service delivery system evolved. The "servant leadership" approach to providing supports will be explored in terms of its potential to re-envision the role of staff and to transform many of our typical practices into practices that better support people in the manner and spirt in which they wish to be served.

Time & Place: 6/23/2015, 9:30-1:30, Community Systems, 3 Cedarhill Park Drive, Plymouth; (lunch break: 11:30-12:00; brown bag lunch encouraged)

REGISTRATION: Jennifer.bruce@state.ma.us

# OFFICE FOR HUMAN RIGHTS

In affirming, promoting and protecting the human rights of individuals with intellectual disabilities, the Office for Human Rights offers: networking, training (staff, self-advocates, committees, officers, etc.), consultation and/or direct advocacy in complex or difficult situations and, information on any Human Rights questions.

In the Southeast Region, to access the Office for Human Rights, please contact:

Nate Hoover, Human Rights Specialist, 508 730 1209 Ext. 328 or email:

Nathan.Hoover@state.ma.us

#### **Human Rights Advocates Training**

(This training includes Advocacy as an Approach to service)
One must have already taken DDS' Basic Human Rights to attend this training and must bring a certificate of attendance for this class in order to take Advocates Training. Bringing your certificate with you will speed up the process of issuing you the Human Rights Advocates certificate. Please note: when attendees sign in on the day of the training, they will be asked for their email address so handouts and certificates can be sent via email. If you do not have an email address or it is more convenient, please use your supervisor's email address (with their permission). If you are not planning to become a Human Rights Advocate/Officer and would like to attend this training for your information and understanding, you are welcome to attend regardless of your prerequisite status.

Wednesday, April 1, 2015 11:00am-3:00 pm (Total 4 hours) Location: New England Villages 664 School St, Pembroke, MA 02359

Tuesday, May 12, 2015 9:30am-1:30pm (Total 4 hours)

Location: Fall River Area Office 1 Father DelValles Blvd. Fall River

MA. 02723

Tuesday, June 9, 2015 9:30am-1:30pm (Total 4 hours)

Location: Fall River Area Office 1 Father DelValles Blvd. Fall River

MA. 02723

Registration: Nathan.Hoover@state.ma.us

#### **Human Rights Networking Discussions**

These sessions are an opportunity for Human Rights Coordinators and Human Rights Committee members to meet their peers within the region and share information, strategize around how to teach Human Rights to individuals and staff in your programs, discuss case situations where rights are in question, along with challenging treatment dilemmas. Please bring cases to discuss. This is a confidential session.

#### The Role of the Human Rights Coordinator

Tuesday, April 21, 2015 10:00am-12:00pm Location: Fall River Area Office 1 Father DelValles Blvd. Fall River, MA. 02723

#### The Role of the Human Rights Committee

Tuesday, May 19, 2015 10:00am-12:00pm Location: Fall River Area Office 1 Father DelValles Blvd. Fall River, MA. 02723

#### Open Session for Human Rights Coordinators -Meet Nate Hoover

Wednesday, June 17, 2015 10:00am-12:00pm

Location: **TBD** 

Registration: Nathan.Hoover@state.ma.us

#### The Person-Centered ISP

This class offers a comprehensive overview of the Individual Support Plan. It includes recent changes to the process that were created to make it easier for individuals and their support staff to design ISPs that address their needs, hopes and dreams in the most effective ways.

Presented by: George McCauley, DDS Trainer

Tina Recupero, Service Coordinator Supervisor

Date & Time Tuesday, April 21<sup>st</sup> / 1:00pm – 4:00pm

Place: DDS Fall River Area Office, Conference Room

#### **DOCUMENTATION AND NEUTRAL WRITING**

This class has two goals. The first is to write what you are thinking so that others will understand. The second is to describe events and situations in an objective manner using only the facts and not assumptions or opinions. This approach should be used for assessments, progress notes, log entries, and restraint and incident reports. In-class exercises will help participants to document events and situations in a clear and appropriate way. Bring a pen or pencil.

Presented by: George McCauley

Date & Time: Tuesday, May 19<sup>th</sup> / 1:00pm – 3:00pm

Place: DDS Fall River Area Office, Conference Room

## <u>Compassion Fatigue: Instilling Hope When You Have Little Left To Give</u>

This training will enable the caregiver and professional staff to identify the common stressors of providing human services and strategies to combat compassion fatigue with a focus on reducing stress and improving overall well-being. Donna is informative and light hearted in her approach. She is nationally sought presenter and a training that you don't want to miss!

Presented by: Donna M. White RN, PhD, CS, CADAC

Date & Time: Thursday, April 23<sup>rd</sup> / 1:00pm – 3:00pm

Place: Middleboro Public Library

Registration: Maureen.king@state.ma.us

#### **Objective and Support Strategies**

Training is designed as "train the trainer" for agency staff who is responsible for training staff to write objectives and support strategies and those that will be approving same for their agency. Emphasis will be placed on developing visions statements and drawing from same to create meaningful objectives and clear support strategies for implementation.

**Presented by:** Maureen King and Neil Lazzara

**Date & Time:** Wednesday, April 1<sup>st</sup> / 9:00am – 3:00pm

Place: Cape & Islands Area Office

Vanessa.Staff@state.ma.us

**Presented by:** Maureen King and Neil Lazzara

Date & Time: Wednesday, April 29<sup>th</sup> / 9:00am – 3:00pm

Place: Plymouth Area Office

Maureen.king@state.ma.us

#### Medical Ethics and People With Impairments: The Lessons of History

One little-known and often misunderstood episode of the Holocaust was the systematic mass murder of people with physical or mental impairments, in which physicians designed and led a program which killed over 300,000 Germans from 1939 through 1945. This lecture will describe the so-called "euthanasia" program and will place it in historical perspective by analyzing its antecedents, its sponsorship, its justifications, the opposition to it, how it helped lead to the subsequent mass murder of the Jews, and especially its lessons for the **current** debates over the medical ethics of life and death as they involve people with impairments. The German episode will be compared with American eugenics ideas and practices, both past and present.

Jack Yates, the presenter for this class, works in staff development for People, Incorporated, in Fall River, and has worked in services for people with mental impairments for over forty years. For several years Jack taught a graduate course at the Harvard Divinity School entitled "The Inclusive Community."

**Presented by:** Jack Yates

**Date & Time:** Wednesday,May 20<sup>th</sup> /9:00am – 12:00pm

Place: DDS Regional Office

jyates@peopleinc-fr.org

#### **BASIC FIRE SAFETY TRAINING**

The primary purpose of fire safety training is to give staff an orientation to the actions they can take to prevent as well as respond to a fire in a home. The training emphasizes prevention, preparedness and response. Through lecture, slide and video format, trainers sensitize staff to the serious consequences of a fire and the importance of developing an effective evacuation plan and practicing the evacuation procedures so that everyone is aware of what to do in a fire emergency. It will provide participants with basic information about the causes and types of fires, as well as fire prevention, hazard identification, smoke and smoke detectors, and evacuation procedures. Prevention, preparedness, types of fire extinguishment, and response are the key elements of this training.

This curriculum is the DDS approved Fire Safety Training
To receive a certificate, individuals must attend the entire
training. Participants will be responsible for ensuring their
agency receives a copy of their certificate.
No one will be admitted to Basic Fire Safety Training after
the first fifteen minutes so please be on time.

**Presented by:** Al Murrant

Date & Time: Tuesday, April 14<sup>th</sup> /10:30am-2:30pm

Place: Cooperative Production, 97 Ingell St. Taunton

**Presented by:** Al Murrant

Date & Time: Monday, May 18th /10:30am-2:30pm

Place: Carver Public Library

**Presented by:** Al Murrant

Date & Time: Thursday, June 17<sup>th</sup> /10:30am-2:30pm

Place: Regional Office

#### Registration Dianne.Rodrigues@state.ma.us

#### **RESPIRATORY UPDATE**

This course is designed to provide participants with an overview of current respiratory therapy modalities. Both routine therapy and emergency respiratory care will be discussed and demonstrated including suctioning, oxygen therapy, respiratory medications, emergency resuscitation, chest physiotherapy, metered dose inhalers, aero chambers, etc. There is no fee for this class. Class is limited to the Nursing Department.

**Presented by:** Bruce Dyl, C.R.T.T.

 Date & Time:
 Wed., April 1st / 10:00 a.m. -11:30 a.m.

 Date & Time:
 Wed., April 15th /10:00 a.m. -11:30 a.m.

 Date & Time:
 Thurs., May 7th / 10:00a.m. - 11:30a.m.

 Date & Time:
 Thurs., May 21st /10:00a.m. - 11:30a.m.

 Date & Time:
 Wed., June 3rd /10:00a.m. - 11:30a.m.

 Wed., June 17th /10:00a.m. - 11:30a.m.

**Place:** Wrentham Developmental Center,

Medical Center Emergency Room

REGISTRATION: CALL BRUCE DYL AT (508) 384-5556

#### **SWALLOWING AND DYSPHAGIA**

The purpose of this in-service is to enhance staff's understanding of the eating process and thus to enhance individuals' control and safety during mealtime. The in-service includes descriptions of the phases of a normal swallow, dysphagia, and various ways aspiration can occur during an impaired swallow. Also included is a discussion of food textures and consistencies, and importance of correct positioning. "do's and don'ts" and a description of some techniques to use when assisting during dining. The format incorporates the use of overhead projections, videofluoroscopy tapes, and an experiential section.

Ample time is given for questions and answers.

**Presented by:** Wrentham Developmental Center EDCO

Occupational Therapy Staff

Time: 2 hours

**Maximum:** 12 participants

CALL SARAH CHULI, OTR/L AT (508) 384-5605

#### AMERICAN HEART ASSOCIATION HEARTSAVER FIRST AID

The purpose of the Heartsaver First Aid Course is to teach rescuers the knowledge and psychomotor skills they need to recognize emergencies at the worksite and give first aid. The First Aid section is approximately three hours and the CPR component is a separate three-hour class. The certificate is renewable every two years Cost \$25.00. (\$20.00, book & \$5.00 for card)

Participants must bring cash or check made out to WDC.

Presented by: Kathy Stoffel

**Date & Time:** Wednesday, May 20<sup>th</sup> / 8:00am – 12noon **Place:** Wrentham Developmental Center, Cottage 9

Presented by: Jill Blais-Pignolet

**Date & Time:** Friday, May 15<sup>th</sup> / 9:00am – 12:00pm **Place:** Wrentham Developmental Center, Cottage 9

Presented by: Louanne Washburn

**Date & Time:** Wednesday, April 22<sup>nd</sup> / 7:00pm – 11:00pm **Place:** Wrentham Developmental Center, Cottage 9

Presented by: Louanne Washburn

**Date & Time:** Thursday, May 21<sup>st</sup> / 7:00pm – 11:00pm **Place:** Wrentham Developmental Center, Cottage 9

Presented by: Louanne Washburn

**Date & Time:** Wednesday, June 24<sup>th</sup> / 7:00pm – 11:00pm Place: Wrentham Developmental Center, Cottage 9

**REGISTRATION: CALL (508) 384-1654** 

#### **HEARTSAVER CPR**

The Heartsaver CPR program is designed to teach CPR and relief of foreign body airway obstruction to all lay rescuers, such as school children, family members of people at high risk for sudden cardiac death. It is specifically designed for lay rescuers who are required to obtain a course completion card, a credential documenting completion of a CPR course. All rescuers are trained in CPR and relief of FBOA. This program teaches CPR and relief of foreign body airway obstruction for adult victims or infant and children victims in approximately 3 hours and for adult, infant and children victims. The course includes learning opportunities, including a videotape presentation of the chain of survival and warning signs of cardiovascular emergencies. You will learn to use an automated external defibrillator AED. Instructor-led discussion to reinforce the signs of heart attack, cardiac arrest, stroke and choking. Videotaped skills demonstration and practice, instructor-led practice scenarios, and peer-practice sessions. Participants must bring cash or check made out to WDC. Cost \$35.00. (20.00, book, \$10.00, mask & \$5.00 for card)

Presented by: Kathy Stoffel

**Date & Time:** Tuesday, April 14<sup>th</sup> / 8:00am- 12:00pm **Place:** Wrentham Developmental Center, Cottage 9

Presented by: Jill Blais-Pignolet

Date & Time: Friday, June 12<sup>th</sup> / 9:00am- 12noon

Place: Wrentham Developmental Center, Cottage9

Presented by: Louanne Washburn

**Date & Time:** Wednesday, April 15<sup>th</sup> / 7:00pm – 11:00pm **Place:** Wrentham Developmental Center, Cottage 9

Presented by: Louanne Washburn

**Date & Time:** Wednesday, May 13<sup>th</sup> / 7:00pm – 11:00pm **Place:** Wrentham Developmental Center, Cottage 9

**Presented by:** Louanne Washburn

**Date & Time:** Wednesday, June 17<sup>th</sup> / 7:00pm – 11:00pm **Place:** Wrentham Developmental Center, Cottage 9 **REGISTRATION: CALL (508) 384-1654** 

#### **HEALTHCARE PROVIDER CPR**

The BLS for Healthcare Provider course is designed to teach the skills of CPR for victims of all ages (including ventilation with a barrier device, a bag mask device, use of an automated external defibrillator (AED) and relief of foreign body airway obstruction. It is intended for participants who work in a Healthcare setting and those who are required to take a Healthcare Provider course for their employment. A course completion card is issued for all participants in a BLS for Healthcare Providers course whom successfully complete the written examination and skill demonstration. Participants must bring cash or check made out to WDC. Cost \$35.00. (20.00, book, \$10.00, mask & \$5.00 for card)

Presented by: Kathy Stoffel

**Date & Time:** Thursday, June 11<sup>th</sup> / 8:00am – 12noon **Place:** Wrentham Developmental Center, Cottage 9

Presented by: Jill Blais-Pignolet

**Date & Time:** Friday, April 17<sup>th</sup> / 8:00am – 12:00pm **Place:** Wrentham Developmental Center, Cottage 9

Presented by: Louanne Washburn

**Date & Time:** Thursday, April 2<sup>nd</sup> / 7:00pm – 11:00pm **Place:** Wrentham Developmental Center, Cottage 9

Presented by: Louanne Washburn

**Date & Time:** Thursday, May 7<sup>th</sup> / 7:00pm – 11:00pm **Place:** Wrentham Developmental Center, Cottage 9

Presented by: Louanne Washburn

**Date & Time:** Tuesday, June 9<sup>th</sup> / 7:00pm – 11:00pm **Place:** Wrentham Developmental Center, Cottage 9

**REGISTRATION: CALL (508) 384-1654** 

## NON-VIOLENT MANAGEMENT OF AGGRESSIVE BEHAVIOR

Presented by: Brian Donahue

This course is designed to teach how to prevent and minimize crisis situations where a person's behavior has the potential to cause serious injury to themselves or others. Interventions are taught progressively from the least intrusive (verbal interventions, deflecting, blocking, escorts, etc.) to the most intrusive (Physical Restraint).

Participation and attendance is required at <u>ALL</u> sessions. All who are interested are encouraged to attend regardless of their physical limitations. Please wear loose and comfortable clothing.

The first class also fulfills the requirement for staff to be certified as Restraint Monitors/"Specially Trained Staff"

## TO BECOME NVMAB TRAINED ATTENDANCE IS MANDATORY FOR EACH of the <u>FIVE</u> CLASSES.

**Dates:** Wednesday, April 22nd (*Restraint Monitors*),

April 29<sup>th</sup>, May 6<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup>

Time: 10:00am – 2:00pm (FOR ALL SESSIONS)

Place: Carver Public Library

REGISTRATION: Dianne.Rodrigues@state.ma.us

## NON-VIOLENT MANAGEMENT OF AGGRESSIVE BEHAVIOR - REFRESHER

TWO 3-HR CLASSES

Presented by: Brian Donahue

Anyone signing up for the NVMAB Refresher must have been recently certified in the full (20 hrs.) NVMAB class

This course is designed to teach how to prevent and minimize crisis situations where a person's behavior has the potential to cause serious injury to themselves or others. Interventions are taught progressively from the least intrusive (verbal interventions, deflecting, blocking, escorts, etc.) to the most intrusive (Physical Restraint).

Participation and attendance is required at <u>ALL</u> sessions. All who are interested are encouraged to attend regardless of their physical limitations. Please wear loose and comfortable clothing.

**Dates:** Wednesday, April 15<sup>th</sup> & April 22<sup>nd</sup>

Time: 10:00am – 1:00pm (FOR BOTH SESSIONS)

Place: Carver Public Library, Conference Room

REGISTRATION: Dianne.Rodrigues@state.ma.us

#### "Beyond the Forms"

Training offered by Licensure and Certification
An on-going series geared towards creating systems
that foster positive outcomes for people and
secondarily meet the expectations of Licensure and
Certification. These trainings are intended for service
coordinators, staff in direct care, supervisory and
quality assurance positions.

**Presented by:** Jennifer Peterson

**Date & Time:** Thurs., April 30<sup>th</sup> 9:00am – 12:00pm

**Place:** DDS Regional Office

Medication Treatment Plan (MTP):

Supporting people to identify a preferred quality of life and how to develop a support plan for the use of psychotropic medication(s).

REGISTRATION: Jennifer.bruce@state.ma.us

#### **Medication Administration**

## MEDICATION ADMINISTRATION TRAINING & TEST REQUIREMENTS

As of July 1, 2011 D & S Diversified Technologies has been awarded the contract to conduct testing for the certification of staff to administer medications. Providers and MAP trainers will be able to access testing statistics and specific performance issues via an internet portal. Results of computer based testing will be available within 24-48 hours. The company may be reached by calling 1-877-851-2355. If calling, please ask to speak to a member of the Massachusetts team; as they provide services to other states. Their fax number is 419-422-7395. Web address is <a href="https://www.headmaster.com">www.headmaster.com</a>. Please refer to the information within your agency for any questions and clarification you many need concerning this new process or contact one of the nurses listed to the right.

#### **TRAIN THE TRAINER**

Training for RNs working for service providers to become instructors in the Medication Administration Program will be provided on a regularly scheduled basis.

The dates for this year are April 15<sup>th</sup>, May 20<sup>th</sup>, June 17<sup>th</sup>, July 15<sup>th</sup>, August 19<sup>th</sup>, September 16<sup>th</sup>, October 21<sup>st</sup>, November 18<sup>th</sup> and December 16<sup>th</sup>. The classes will be held at Seven Hills, Hope Avenue in Worcester, Ma

Please contact at (508) 866-8866

#### **Medication Administration**

For initial certification training, medication, and recertification review please call the nurse-trainer (see list below) in your area to receive dates of scheduled classes or to schedule agency specific training.

**DDS Brockton Area Office** 

**Donna Gray** (508) 427-5731

DDS Cape Cod Area Office

**Cynthia Petrie** (508) 771-2595

DDS Fall River Area Office

**Candy Miller** (508) 730-1209 x308

**DDS New Bedford Area Office** 

**Kate Smith** (508) 992-1848 x 327

DDS Taunton/Attleboro Area Office

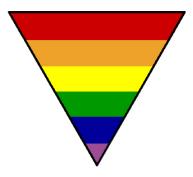
**Donna Stone** (508) 824-0614

DDS Plymouth. Area Office

**Siobhan Manning** (508) 732-5710

DDS South Coastal Area Office

**Nancy Noble** (781) 337-2165 x 312



Do you sometimes think that no one understands what you are feeling?

Do you wonder if you're the only one who has these feelings?

Do you wish you had some friends who felt the same way that you do?

Think about joining the

### Rainbow Support Group of Massachusetts!

The Rainbow Support Group provides support and information to individuals with intellectual challenges who are gay, lesbian, bisexual, transgendered, cross-dressers or are questioning their sexuality. Meetings give you the chance to talk about your sexual interests with other people who are trying to be comfortable and happy about their sexuality.

We are now in the process of starting groups in all five regions of the self advocacy organization, Massachusetts Advocates Standing Strong.

Contact us to learn more and find out if there is a Rainbow Support Group in your area.

Our email address is: Rainbows\_58@yahoo.com

Or: mass.office.info@gmail.com

For the Taunton/Attleboro support group please contact

Jolene Westgate or Barbara White at 508 823 7134

# Seizure Training

Presented by: Susan Welby Epilepsy Foundation New England

www.epilepsynewengland.org

April 2, 2015 1:00PM-3:00PM Plymouth Area Office 40 Industrial Park Road, Suite 1 Large Conference Room Plymouth, MA

This training is targeted for direct care staff and nursing that work with individuals with seizure disorders. The training will focus on seizure management, precautions and resources.

Please register for this training by email to: maureen.king@state.ma.us

Please utilize parking space to the left of the building. Please do not park in any reserved spots for other tenants or you may be at risk to be towed per landlord. Thanks!



#### Kennedy Donovan Center Cape Cod Community Services

#### **2015 Pathway Presentation Series**

**Basic Training for Parents and Professionals of Children with Developmental Concerns** 

**Saturday, March 28<sup>th</sup>.** C&I Transitions Committee **Resource Fair and workshops.** Covering issues pertinent to **high schools transitions.** \*Location: The Cape Cod Collaborative 418 Bumps River Road Osterville, MA **9:00AM-3:00PM** 

\*No childcare available.

**Wednesday, April 8<sup>th</sup> Sexuality and Relationships: AM session** for adults with developmental disabilities 9:30AM-11:30AM **PM session** for parents, providers, and professionals 12:00PM-2:00PM \*Location: KDC 32 Commercial Street South Yarmouth, MA. \*No childcare available

**Tuesday, April 28<sup>th</sup>** Focus on **Adulthood**: Mass Health and Insurance, PCA Program- Deductibles Accessing Insurance: Premium Assistance- Buying Private Insurance

Tuesday May 26<sup>th</sup> Focus on Adulthood: Social Security Benefits, Work Incentives and A Place to Live.

\*All Presentations will be at the West Barnstable Community Building unless otherwise noted. 2377 Meetinghouse Way Rt.149 West Barnstable, MA

Time: 5:00PM-7:00PM Cost: Free

A light supper and limited child care will be available at the WBCC only.

Registration is required.

For information and registration please contact Juliane Dillon at 508-385-6019 ext 125

or email jdillon@kdc.org



## AWARENESS & ACTION

## **TRAINING**

This FREE training, taught by persons with disabilities and others, is designed to educate persons with disabilities and others about recognizing, reporting and responding to abuse.

If you are interested in having an Awareness & Action Training at your organization, please contact: Anne Monti at

#### Anne.Monti@state.ma.us

Phone: 1-617-727-6465 x234

The training is three hours long, intended for everyone and limited for up to 20 people.

Physical



Sexual



Nealect



Verbal Abuse



Financial





# Getting Ready For An Emergency Emergencies like floods, storms or pandemic flu can happen to lots of people at once. Be prepared so you know what to do.

Would your group like a *free* emergency preparedness training?
Self-advocate Nate Trull trains consumers and support staff about getting ready for emergencies. He has trained over 100 people in Massachusetts. He can train your group in two ways:

(1) a two part training where each part takes about an hour and a half on two different days; or (2) a one-time training that takes about two hours. There is *no cost* for the training, but your group will need to provide a room, a screen or wall for a PowerPoint® presentation, a power point projector, and an audience. People who come to the workshop will get presentation handouts, a folder of information, and consumers will receive small items to start their own supply kits.

For More Info Contact: Nate Trull at nate. trull@comcast.net

# MASSACHUSETTS ADVOCATES STANDING STRONG

| CO             | mmunity oups to offer training on the following topics:   |  |  |  |  |
|----------------|---|--|--|--|--|
|                | Self Determination and Choice   |  |  |  |  |
|                | Self Advocacy- What It Is? How to Start a Local Group? Leadership!  |  |  |  |  |
|                | New Staff Orientation   |  |  |  |  |
|                | How to Be an Effective Board Member   |  |  |  |  |
|                | Design a training with you to meet your needs   |  |  |  |  |
| de<br>οι<br>Οι | A.S.S. is a statewide self-advocacy organization started and operated by individuals with cognitive or velopmental disabilities. We work with local self-advocacy groups across the Commonwealth. We know that it voice is stronger when we work with people who have the same beliefs and values as we do. It Mission: To empower self advocates through education so we make choices that improve and rich our lives. |  |  |  |  |
| So             | me of our most recent work has been:  |  |  |  |  |
|                | Self Advocacy Leadership Series with MDDC taught by self advocates and their advisors   |  |  |  |  |
|                | Tools for Tomorrow Project with ARCMASS, Families Organizing for Change, and MDDC to help people achieve their hopes and dreams. Access Living of Chicago to teach self advocates about housing options   |  |  |  |  |
|                | The Bridges Project with DMR, Central Mass Self Advocacy Workteam, and Worcester ARC to support people moving out of nursing homes  |  |  |  |  |
|                | Active participants on the federally funded Real Choices Project  |  |  |  |  |
|                | We can be reached at:   |  |  |  |  |
|                | Phone: 1 866 IAM-ABLE (1 866 426-2253)  |  |  |  |  |
|                | Email: <u>mass1998@earthlink.net</u>  |  |  |  |  |
|                | Address: PO Box 6025  |  |  |  |  |
|                | N. Plymouth, MA 02362   |  |  |  |  |
|                | Website: <a href="http://www.Massadvocatesstandingstrong.org">http://www.Massadvocatesstandingstrong.org</a>  |  |  |  |  |
|                | "Nothing about us without us."  |  |  |  |  |

#### Save the Date!

The Sixth SRV International Conference June 10-12, 2015 Providence, Rhode Island USA



#### **Spread the word:**

We invite you to reserve the dates on your calendar to attend the sixth international conference on Social Role Valorization, which will be held June 10-12, 2015, at the Providence Biltmore Hotel in Providence, Rhode Island. Our conference committee is composing the content of the conference, which we expect will feature key figures in the SRV movement, but even in advance of the determination of the content we want you to plan to come.

The conference hotel is an elegant, newly-renovated circa 1921 building. Our plenary and concurrent sessions and our meals will all be held on the top two floors, with spectacular views over the city. Our location is at the very center of downtown Providence, within two blocks of the beautiful riverfront and surrounded by dozens of restaurants of every price range within three blocks.

The Providence Airport is twenty minutes away, with free hotel shuttle. International travelers can easily fly into Boston Logan Airport and then take a a one-hour train ride to Providence. There is a free shuttle from Logan to the train station. Trains run hourly, and our conference hotel is directly across the street from the Providence train station. For commuters, there is valet parking under the hotel.

The conference is set for a Wednesday, Thursday, and Friday to encourage travelers to consider additional nearby visits. Boston, Newport, and Cape Cod are each an hour from Providence, and New York City is a two-and-one-half hour ride by frequent trains. Local conference organizers Jo Massarelli, Tom Doody, and Jack Yates, would be pleased to help you arrange local study tours relevant to human services, art and architecture, or history. We will be planning pre-conference workshops for June 8 and 9 as well.

The registration fee for the conference, which includes meals, is \$500 USD. There is likely to be scholarship assistance available, so please communicate with the registrar to ask. Rooms at the Providence Biltmore at their special conference rate are \$170 per night. Note that each room has two king-sized beds and kitchenette, and the cost is per room, not per person; therefore we can stay there very frugally by planning to share the room with friends or colleagues.

The conference is still over two years away, but we understand that some of you might have financial allocation and timing reasons to register early, so we have set that up already. To register, you can send a check made out to "Keystone Institute" to Betsy Neuville at Suite 200, 940 East Park Drive, Harrisburg PA 17111 USA. To pay by credit card or electronic fund transfer, write to Betsy via e-mail at <a href="mailto:eneuvill@keystonehumanservices.org">eneuvill@keystonehumanservices.org</a>, and she will set that up for you. Betsy's telephone, if you need it, is 717-909-9425. If you need to request a reduction in the registration fee, write to Jack Yates at <a href="mailto:jyates@peopleinc-fr.org">jyates@peopleinc-fr.org</a>, or call him at 508-468-8923. Register for hotel rooms directly with the Biltmore Providence, and be sure to tell them you are with the SRV Conference: ProvidenceBiltmore.com, or call 401-421-0700.

The conference web-site is http://srvconference.com. Information will be added to that site as decisions are made.

With any questions about the conference, please write to Jack Yates at <a href="mailto:jyates@peopleinc-fr.org">jyates@peopleinc-fr.org</a>, or call him at 508-468-8923. Thank you.



#### AGING AND DOWN SYNDROME

#### A HEALTH & WELL-BEING GUIDEBOOK

Lead author: Julie Moran, DO Sponsoring Organization: National Down Syndrome Society

"Adults with Down syndrome, along with their families and caregivers, need accurate information and education about what to anticipate as a part of growing older, so they can set the stage for successful aging."

To receive a free copy of the guidebook go to: <a href="www.ndss.org">www.ndss.org</a> in the search box type in aging and down syndrome- available online and in print- available in English and Spanish

## THE IMPORTANCE OF BELONGING David Pitonyak

"In my view, most people served by the human service industry are profoundly lonely. :loneliness is the central reason why so many are unhappy and distraught....Their suffering results from isolation...Loneliness is the only real disability...wake up to the people right next to you...help the person to make a contribution to the broader community..."

To receive a free copy of this booklet go to: <a href="www.dimagine.com">www.dimagine.com</a> – click on articles/publications-available in English and Spanish



#### **BRISTOL COMMUNITY COLLEGE**

#### **DIRECT SUPPORT CERTIFICATE PROGRAM**

#### **HUMAN SERVICES**

Classes begin June 2, 2015. <u>Application deadline</u> is May 18, 2015

Take classes on Tuesday and Thursday afternoons and begin to learn more about people with intellectual disabilities.

Topics covered include: defining developmental disabilities, prevalence of various conditions and theoretical perspectives and causes.

Direct support workers who are employed at a state agency or an agency under contract with DDS, have a GED or high school diploma, and have the support of their employer are eligible to apply.

The entire program is based on the National Community Support Skill Standards, a set of skills and competencies used by outstanding direct support staff in their work. This program is affordable because of the financial support from DDS and its partnership with the community colleges.

Cost: \$50 registration fee/course/books

Often paid by your employer

Date: Classes begin June 2, 2015

Location: Fall River Campus/ Bristol Community College

\* Courses: College Writing

General Psychology

Introduction to Social Welfare Developmental Disabilities

**Special Topics** 

Supervision & Leadership

Field Experience/Internship & Seminar

For Additional Information Contact: Paul F.Correia, Bristol Community College, 508 678-2811, extension 3765 or paul.correia@bristolcc.edu

\* All courses apply to BCC's 63 credit Human Services Associates Degree



#### Family Support Centers

Family Support Centers across the state, funded by the Department of Developmental Services (DDS), provide information, assistance, and a variety of supportive services to families with children and adults with intellectual and developmental disabilities who are living at home. These services include:

- Providing information and assistance in obtaining a wide array of services including but not limited to:
  - Social and recreational opportunities
  - Support groups for parents, siblings and family members
  - o Resources in the community
  - Public benefits
- o Hosting trainings or providing information on topics such as:
  - o Guardianship/Trusts
  - o Planning for the Future
  - Social Skills
  - o Human Relationships
  - o Specific disabilities and/or conditions
- Offering opportunities for families to meet through networking and organized social and community activities

Families who are eligible for services from DDS are encouraged to contact one of the Family Support Centers near them. The Family Support Centers in the Southeast Region are included here. A directory with the contact information for all Statewide Centers is available on the DDS web-site at <a href="https://www.mass.gov/dds">www.mass.gov/dds</a>.



## FAMILY SUPPORT CENTERS Funded by the Department of Developmental Services

#### **SOUTHEAST REGION**

#### **Brockton Area**

#### **Brockton Area Arc**

1250 West Chestnut Street, Brockton, MA 02301 (508) 583-8030, x224
Kathy Kerwin - <a href="mailto:kkerwin@brocktonarc.net">kkerwin@brocktonarc.net</a>
www.brocktonareaarc.org

#### Cape Cod and the Islands Area

#### **Kennedy-Donovan Center**

32 Commercial Street, South Yarmouth, MA 02664 (508) 385-6019

Dan Sprout - <a href="mailto:dsprout@kdc.org">dsprout@kdc.org</a> - Laura Griswold - <a href="mailto:lgriswold@kdc.org">lgriswold@kdc.org</a> <a href="mailto:www.kdc.org">www.kdc.org</a>

#### **Martha's Vineyard Community Services**

111 Edgartown Road, Vineyard Haven, MA 02568 (508) 693-7900 Kathi Hackett, x249 - KHackett@mvcommunityservices.com
Sharon Clauss-Zanger - Sclauss-zanger@mvcommunityservices.com
www.mvcommunityservices.com

#### **Fall River Area**

#### People Inc.

FACE Center (Family Advocacy and Community Education Center) 4 South Main Street, Fall River, MA 02721 (508) 672-5671 Marilyn Grubb - <a href="mailto:mgrubb@peopleinc-fr.org">mgrubb@peopleinc-fr.org</a> Jason Medeiros (774) 488-5321 Jmedeiros@peopleinc-fr.org

#### **New Bedford Area**

#### Nemasket

Family Connections Center, Nemasket 56 Bridge Street, Fairhaven, MA 02719 (508) 999-4436 Sandra Kinney - <u>sandykinneyfc@nemasketgroup.org</u> Emily Nisenbaum - <u>tngemily@aol.com</u>

#### www.nemasketgroup.org

#### Plymouth Area

#### The Arc of Greater Plymouth

10 Cordage Park Circle, Suite 208, Plymouth, MA 02360 (508) 732-9292

Malissa Kenney - <u>malissak@thearcofgp.com</u> Kristine Scigliano -kristines@thearcofgp.com

Kelly Newcomb - kellyn@thearcofqp.com

#### **South Coastal Area**

#### Advocates, Inc.

South Coastal Family Support Center
1189 R North Main Street, Randolph, MA 02368
(781) 767-3048
Alicia Cannon - <a href="mailto:acannon@advocatesinc.org">acannon@advocatesinc.org</a>
Fatima Baptista - <a href="mailto:fbaptista@advocatesinc.org">fbaptista@advocatesinc.org</a>
http://southcoastalfamilysupport.org/

#### **South Shore Support Services**

317 Libbey Industrial Parkway- Unit B300, P.O. Box 890126, Weymouth, MA 02189 (781) 331-7878
Mary Burt, x13

Renee McCorkle, x19 - <a href="mailto:rmccorkle@southshoresupportservices.org">rmccorkle@southshoresupportservices.org</a> www.southshoresupportservices.com

#### Taunton/Attleboro Area

#### The Arc of Bristol County

146 Pleasant Street, Attleboro MA 02703 Mailing address: 141 Park Street (508) 226-1445 x 3118 Beth Bogus - bbogus@arcnbc.org

#### Tri-Area (Brockton, Plymouth, South Coastal)

#### **BAMSI**

155 Webster Street- Unit D, Hanover, MA 02339 (781) 878-4074
Mary Ann Mills-Lassiter - Mmills-lassiter@bamsi.org
Sharon Craig - scraig@bamsi.org - familysupportcenter@bamsi.org
www.bamsi.org



#### A private, non-profit public interest law firm

Disability Law Center provides legal advocacy on disability issues that promote the rights of people with disabilities to participate fully and equally in the social and economic life of Massachusetts

Our office is accessible and is open Monday through Friday, 9 A.M. to 5 P.M.

DLC can make arrangements for sign language and foreign language interpreters or other accommodations that you may need.

**For More Information** 

http://dlc-ma.org

1-800-872-9992 voice

#### 1-800-381-0577 TTY

#### **DIRECTIONS**

DDS Brockton Area Office 60 Main Street, 3<sup>rd</sup> floor Brockton, MA 02301 (508) 774-296-6090

Take Rte 24 to Rte 123 (Brockton) Exit 17. Follow Rte 123 (Belmont St.) to Main Street. Take a left on Main Street. Go through three set of lights. Brockton Office is on your right after the 3<sup>rd</sup> set of lights(Center Street). Across the street from Neighborhood Health Center.

Please note that this office is Fragrance Free

DDS Cape Cod & Islands Area Office 181 North Street, Hyannis, MA 02601 (508) 771-2595

#### From West & Central Mass.

Turnpike to exit 11Route I 495 South - Route 495S becomes Rte 25. Cross Bourne Bridge and travel 3/4 around rotary. Following Route 6 toward Hyannis/Sandwich. Approximately 5 miles down the road, turn at traffic light, continue to **follow Route 6 EAST** (*Mid- Cape Highway*) to Hyannis **Take Exit 6 Take RIGHT** at end of ramp, which is Route 132, Hyannis. Go 1.5 miles and take slight right onto Bearses Way. Continue for 1.8 miles and go half way around the round-about onto Bearses Way which becomes High School Rd. EXT. Turn right onto North Street at the lights. DDS is located on the left @ 181 North Street next to McDonalds.

DDS Fall River Area Office 1 Father DeValles Blvd 3<sup>rd</sup> floor Fall River, MA 02723 (508) 730-1209

From North of Fall River take Route 24 South to I-195 West. From I-195 West take Exit 8A – Rt. 24 South. Then take Exit 2 – Eastern Ave./Brayton Ave. Turn right at end of ramp onto Brayton Ave. Follow Brayton Ave. to the second set of traffic lights (there will be a strip mall with a Dunkin' Donuts and Subway shop on the left side of Brayton Ave.). Turn Left onto Father DeValles Blvd. and follow to the end. Father DeValles Blvd. ends in the parking lot of the two building complex. The DDS's office is on the third floor of the West building (the 4-floor structure – look for DDS sign at the entrance).

DDS New Bedford Area Office 908 Purchase Street New Bedford, MA 02740 (508) 992-1848

From 93 South to 24 South to exit 12 (140 South) to exit 2E (195 East) to exit 15 (Route 18 South – Downtown). Follow to first set of lights. At lights take a right onto Elm Street. Follow Elm Street up hill (Elm Street parking garage on right). Our building is the next one after the garage (Times Square Building). Park in the garage or at a meter. If you enter the building from the back (parking lot entrance) go to the right through brick archway and take the elevator to the third floor. If you enter by the front entrance (near NB Jukebox nightclub) go straight past the club and take the elevator to the third floor.

The conference room is located on the second floor.

**INDEX** 

DDS Plymouth Area Office 40 Industrial Park Road, Suite 1 Plymouth, MA 02360 (508) 732-5700

#### From Route 3 North or South

Take exit 7 on to Route 44 West. Take the Cherry Street/North Plymouth Exit. Turn right at the end of the off ramp on to Commerce Way. Take left at second set of lights. Follow to stop sign and take a left. Follow RMV sign

DDS Southeast Regional Office 68 North Main Street, Carver, MA 02330 (508) 866-8866

#### From Taunton/Attleboro

Take Route 495 South to Exit 6 (Route 44). Follow Route 44 <u>East,</u> take the Route 58 exit. At the end of the ramp take a right onto Route 58 south Carver. Go through 2 sets of lights. After the 2<sup>nd</sup> set of lights, continue about ½ mile. Take a right onto Lillian Way (Fire station will be on your left). Take your first right onto parking lot.

#### **From Cape Cod**

Take Route 495 North to Exit 2, Route 58 North. Follow Route 58 North for about 2.5 miles. Take a left and continue on 58 North into Carver. The office is about 6.6 miles on the left. Take a left onto Lillian Way (Fire station will be on your right) Take your first right onto parking lot.

South Shore EHS Center -DDS South Coastal Office 220R Forbes Road Braintree, Ma 02184 (781-3568850

#### FROM THE SOUTH (Plymouth/ Cape):

Take Rte. 3 North towards Boston. Keep left to take I-93 S via Exit 20A toward I-95 Canton Take Exit 6 for Rte. 37 Granite St. Bear right at the end of the exit ramp on to Granite St. At the second light, turn right onto Forbes Road. 220R Forbes Road is about half a mile down Forbes Road and is behind the 4 story office building #220 220R Forbes Road is a one story building with the main entrance at the rear of the building

#### **FROM ROUTE 24:**

Merge onto I—93 N via EXIT 21A toward Boston. Take Exit 6 for Rte. 37 toward W. Quincy/Braintree. Bear right at the end of the exit ramp onto Rte. 37/Granite St. At first light, turn right onto Forbes Road. 220R Forbes Road is about half a mile down Forbes Road and is behind the 4 story office building #220 220R Forbes Road is a one story building with the main entrance at the rear of the building

#### DDS Taunton/Attleboro Area Office 21 Spring Street, Taunton, MA 02780 (508) 824-0614

<u>From Route 24:</u> Get off exit 12 – Route 140 west to Taunton. Go approximately 2.8 miles to traffic light (Spring Street). Take a left. DDS is in the red brick building on the left, on the far side.

#### Wrentham Developmental Center Emerald Street Wrentham, MA 02093 (508) 384-1600

#### From Cape Cod

Take Route 25/495 North. Take Route 1A (Plainville/Wrentham - Exit 15). Bear right off of exit. Follow Route 1A into Wrentham center. Go straight through traffic light for approx. 1 mile. Take a left onto North Street at blinking yellow light. Take third left (Finch road). Cottage 9 is the first yellow building on the left. Please park in appropriate parking lots.

Southeastern Residential Services
72 Kilburn Street
New Bedford, Ma
(508) 910-3000

Please note that this office is Fragrance Free

#### From 495 North

Merge onto I-495 S / MA-25 E toward Cape Cod / The Islands Merge onto I-195 W via EXIT 1 toward Wareham / New Bedford. Take the Coggeshall St exit- Exit 17- toward New Bedford. Turn left onto Coggeshall St. Turn Left onto Belleville Ave, Turn Left onto Kilburn St.

#### From 140 North

Turn right onto Summer St. / MA-140. Continue to follow MA-140 S. Merge onto I-195 E via Exit 2E toward Cape Cod. Take the Washburn St. exit- Exit 16- toward New Bedford. Turn slight right onto Washburn St. Turn Left onto Belleville Ave. Turn left onto Kilburn St.

#### Carver Public Library 2 Meadow Brook Way Carver, MA 02330 (508) 866-3415

Take Route 495 South to Exit 6 (Route 44). Follow Route 44 <u>East</u> to Route 58 intersection. Take a right onto Route 58 South. Go through two traffic lights. Regional office is 1/4 mile on the right...continue about 2.8 miles on route 58 south. You will see the Carver school on right; the library is the gray building on your left. If you pass the Police station....you have gone too far.

<u>From the North:</u> Take 24 South to exit 12B (Rte 140). Follow Rte 140 going towards Taunton for about a couple of miles Take a left onto Ingell Street. Cooperative Production is across the street from the DPW, just before the railroad tracks on your right.

From the South: Take Rte 24 North to exit 12A (Rte 140). Follow Rte 140 going towards