

Medically Complex Program

Taking care of *Yourself* is part
of taking care of your *Family*

@muslimommy

Emergency/Important info Binder Workshop

Do you have too much paperwork for your child/family member? Have you forgotten a doctor's name and/or their telephone number? Have you ever found yourself at a new doctor's office but forgot to bring the medication list with you? Let us help you organize your information and keep it all in one spot! We recommend an Information Binder where you can place any important documents or information you may need to bring in case of an emergency. POA, insurance cards, various records, IEP's, progress reports, a doctor/specialist information list and any results.

Empty your unorganized file cabinet onto your dining room table (or maybe your paperwork is already in piles on your table, no judgment) and set up your phone and let us help you get Organized.

*Binders and Blank Forms can be provided *

RSVP required. Email Shanellstewart@nemasketgroup.org or call Shanell at 508-562-7265

Medically Complex Program at The Nemasket Group

109 Fairhaven Road, Mattapoisett, MA 02739

Tel: (508)999-4436 Emergency Tel: 508-207-2538 Fax: (508)997-9239



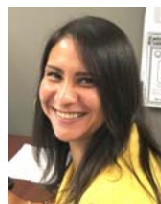
Sandra Heller
Associate Executive Director
Medically Complex Program Director
Ext. 128
SandyKinney@NemasketGroup.org



Shanell Stewart
Medically Complex Program Assistant Director
Ext. 161
ShanellStewart@NemasketGroup.org



Patrick Russell
Medically Complex Program Advisor
Ext. 106
PatrickRussell@NemasketGroup.org



Ana Colon
Medically Complex Program Advisor
Ext. 118
AnaColon@NemasketGroup.org



Supporting Siblings During COVID-19

We encourage caregivers AND siblings to join us!

Why is it important? This is a stressful time for families. Siblings might be subjected to physical and verbal aggression from brothers/sisters with mental health or behavioral needs. Siblings can be deeply affected and may be at risk for developing depression & anxiety.

What's it like? Over Zoom, siblings meet other children and teens who know what it's like to have a brother or sister with mental health issues. Siblings have a chance to talk and feel better. The Zoom session is facilitated by doctors in the psychiatry dept at UMass Medical School.

What about parents? First time participants join a Zoom session led by our trained parent mentor. They learn about the sibling experience, the importance of supporting siblings, and strategies to support siblings. Returning participants join a different Zoom session led by the program social worker, to address ongoing family challenges that impact siblings.

Registration is required. We meet on the first Thursday night of each month from 5:30pm-7:00pm. The program meets next on May 6, 2021.

DETAILS...

- 1. Do siblings and parents have separate Zoom sessions? Yes**
- 2. Can parents/caregivers attend even if siblings do not attend? Yes**
- 3. Who is eligible to attend? All caregivers are eligible if the affected child has siblings. Siblings are eligible if they are 6 to 18 years old and do not have behavioral issues**
- 4. Is there a cost? This is a free program**
- 5. How do I register? To reserve your spot, call (857) 523-1145 or email emily.rubin@umassmed.edu. After signing an online consent form, you will receive an email with instructions to log into Zoom**



When

Monday May 10, 2021

3:00 pm - 5:30 pm

Presentation Via Zoom Webinar



Rates

Member \$25

Non-Member \$40

*Registration closes on May 6th

For late registration contact:

info@spanmass.org

Contact

Ned deBary
Event Coordinator

Special Needs Advocacy Network, Inc.
(508) 655-7999
info@spanmass.org

12th Annual Same Side of the Table Student-Centered Outcomes Through Dispute Resolution

This year's Same Side event closes out a unique pandemic year. To mark its challenges, we brainstormed our way into a new format, and asked our panelists to discuss the following questions.

- What common issues landed on your desk during this pandemic year for facilitation, mediation, problem resolution, settlement, or hearing after reaching an impasse at the IEP table?
- What creative and/or unusual resolutions became possible during this unusual year?
- What was successful about how stakeholders (educators, parents, administrators, advocates and agencies) engaged over the year?
- What lessons and ideas for resolution can stakeholders take back to the IEP table from this year's experience?

Our panelists are:

Reece Erlichman, Director of the Board of Special Education Appeals (BSEA)

Amy Reichbach, BSEA Hearing Officer

Myrto Flessas, Coordinator of Mediation and Facilitation, BSEA

Russell Johnston, Senior Associate Commissioner, DESE

Moderators:

Reece Erlichman and SPaN Board Members Jennie Dunkley & Seetha Burtner

SPaN's Annual Same Side of the Table forum is open to all professionals involved in the Special Education process – Advocates, Attorneys, Administrators, Educators, Clinicians and Parents. We've discovered that having representatives from all corners in one room can be a catalyst for improving communication and staying student focused.

Registration closes May 6th.

Register at:

<http://events.r20.constantcontact.com/register/event?oeidk=a07ehs2edsz225c32de&llr=pxn6x5iab&showPage=true>

Hispanic Family Support Social

1st/3rd Tuesdays from 10 AM - 12 PM

5/ 4 **NEW** Saludos, nos estará visitando a nuestro grupo la Sra. Gladys Rodriguez-Parker, Senior District Representative de la Oficina del Congresista Jim McGovern de Worcester. Gladys nos hablará de la pandemia de COVID-19 y del trabajo que ella hace para el congresista McGovern. Ven y conoce lo que hace esta oficina y como puede ayudarnos.

5/18 Parent Peer Support and Information Sharing

<https://zoom.us/j/95866333379?pwd=SFJpRVRXcWdiS1lvV1F2bURGdHJtZz09>

Meeting ID: 958 6633 3379 / Password: 246553 / +16465588656



SUPPORT



EMPOWERMENT



CHOICE

DDS SELF- DIRECTED SERVICES

Please join us for an interactive discussion about expanding choices and control in your life through Self-Directed Supports. This is an opportunity to hear how participants and their families can design individualized services to meet their needs through the

Participant Directed Program

or

Agency with Choice

5/11/21 10:00am to 11:30am

5/26/21 4:00pm to 5:30pm

6/8/21 10:00am to 11:30am

6/30/21 4:00pm to 5:30pm

Offered via WEBEX

To register please contact: jennifer.r.benoit@mass.gov